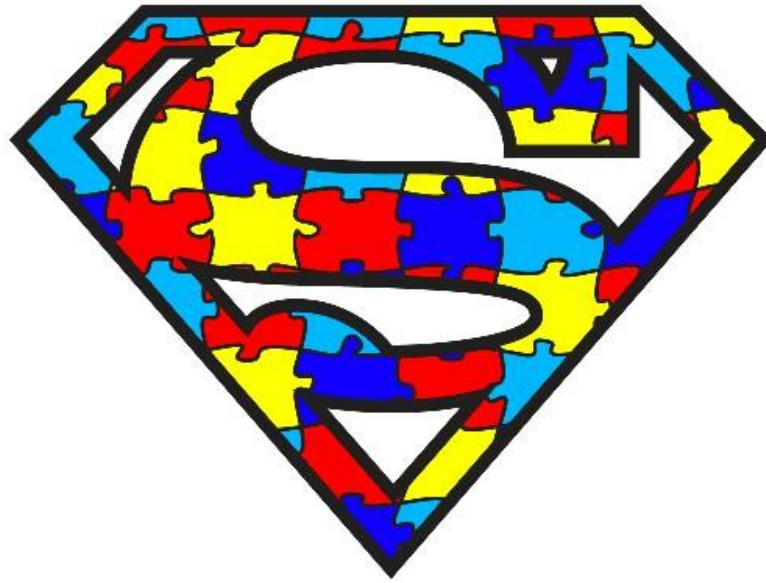


Visual Supports are My Super Power!



*5 types of visual supports
to use as antecedent interventions.*



Gain an understanding of:

1. WHY visual supports are used as a preventative intervention.
2. HOW visual supports are used as a preventative intervention.

and

3. Walk away with 5 concrete visual interventions to implement.



**PERHAPS HIS BEHAVIOR HAS NOT CHANGED
BECAUSE YOUR BEHAVIOR HAS NOT CHANGED?**



JUST SAYIN...

5 Types of Visual Supports

Used as Antecedent Interventions

- Visual Support for Redirection
- Daily Schedules
- Mini Schedules
- Expectations and Rules Presented Visually
- First Then Boards

They address the antecedents to the challenging behavior!



Prevention is
the best
intervention!



REDIRECTION

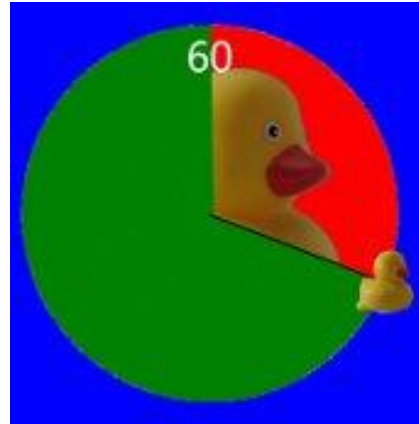
Timers

Visual cues





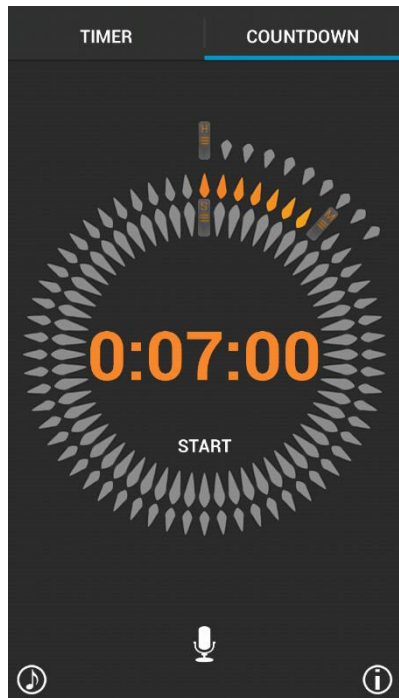
Fun Timer



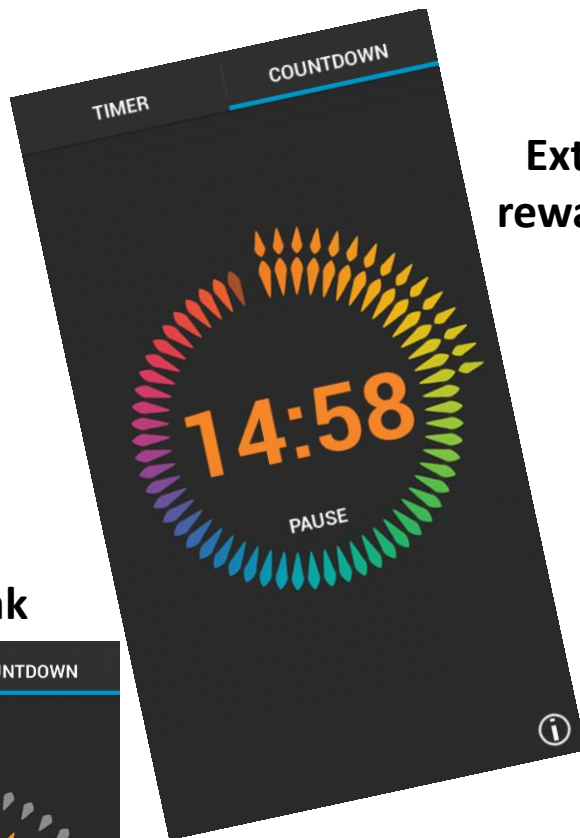
Digital Timer



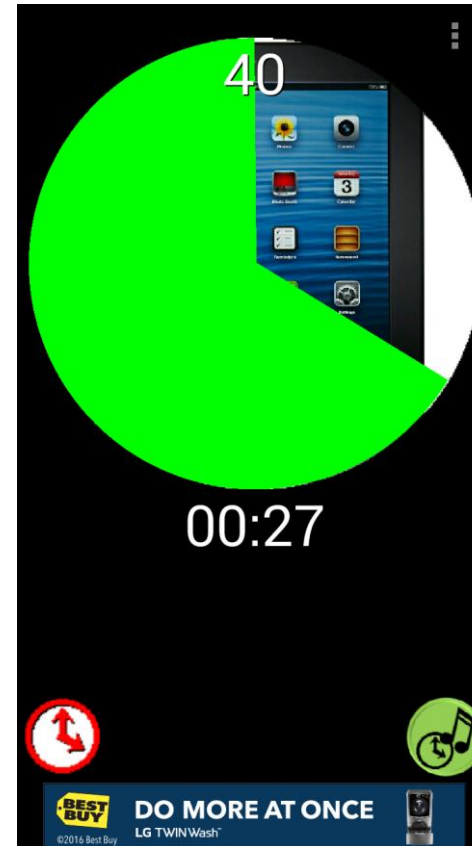
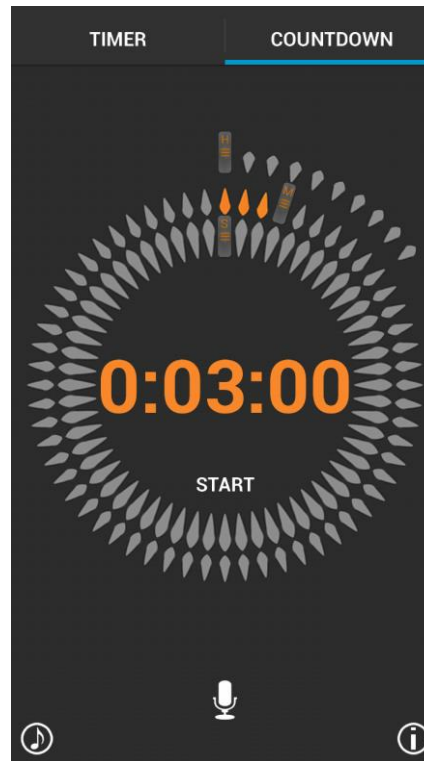
iPad break













Extended
reward time



Break from room



Select Timer +			
00:30		ipad	
00:30		sensory	
00:10		sheep	
02:30		duck	
01:00		tractor	
02:00		brushing	
01:00		dog	
02:00		rocket	
03:00		teddy	
			
Train-The-Trainer			Workshop materials to train-the-trainer programs. corporatetrainingmaterials.com

Visual cues



- visuals are always available
- portable
- can add other items if needed
- can be interest specific
- portable
- adult wears the lanyard



alternative ~

- first then board, pictures on back of board
- token board, used for elapsed time or earning rewards



VISUAL SCHEDULES

- Provide structure to the day or task.
- Reduce anxiety, add predictability, teach independence.
- There is a clear beginning, middle, and end.
- Let's person know what is going to happen.
- Let's the person know the plan for the day.
- Reduces power struggles too!



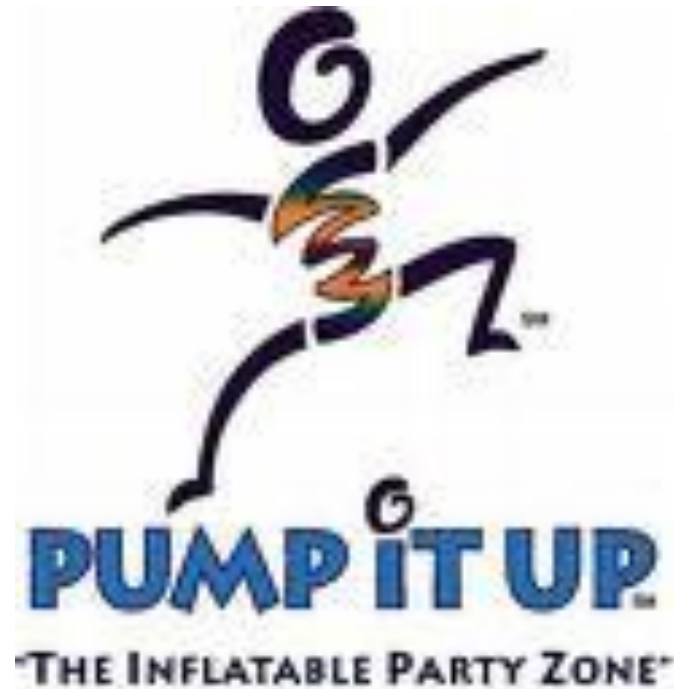
*No one way
to do schedules!*

When Do You Use Schedules?

- How do you plan for your day?
- Day planner
- E-mail reminders
- Post-it notes
- Calendar on your phone
- Calendar at home
- To do list



Personal Example
of when I needed a schedule!



Consider this though.... I need the WHOLE schedule!
Don't just give me part of it....now I have more anxiety!!

<div>  PITTSBURGH STEELERS 2016 SCHEDULE </div>							
WK	DATE	OPP.	TIME ET	TV	W/L	PIT Score	OPP. Score
PRESEASON							
1	TBA	TBA		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
2	TBA	TBA		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
3	TBA	TBA		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
4	TBA	TBA		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
REGULAR SEASON							
1	TBA	Bengals		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
2	TBA	Browns		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
3	TBA	Ravens		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
4	TBA	Patriots		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
5	TBA	NY Jets		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
6	TBA	Cowboys		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
7	TBA	NY Giants		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
8	TBA	Chiefs		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
9	TBA	@Bills		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
10	TBA	@Dolphins		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
11	TBA	@Eagles		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
12	TBA	@Redskins		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
13	TBA	@Colts		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
14	TBA	@Bengals		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
15	TBA	@Browns		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
16	TBA	@Ravens		TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>
17	TBA			TBA	<input type="text"/>	<input type="text"/>	<input type="text"/>

*all times subject to change due to flexible scheduling after week 5

PrintableTeamSchedules.com

Steelers	
September 10, 2009 AT  	September 20, 2009  AT 
September 27, 2009  AT 	October 4, 2009  AT 
October 11, 2009  AT 	October 18, 2009  AT 
October 25, 2009  AT 	November 9, 2009  AT 
November 15, 2009  AT 	November 22, 2009  AT 
November 29, 2009  AT 	December 6, 2009  AT 
December 10, 2009  AT 	December 20, 2009  AT 
December 27, 2009  AT 	January 3, 2010  AT 
January 24, 2010 	February 7, 2010 

Types of Schedules

Horizontal v. vertical

(Either is fine. There is the argument that horizontal is better because it promotes literacy skills- we read from left to right....however, we also read from the top to the bottom of the page, vertically. Your choice.)

- Object
- Single picture
- Part day picture
- All day picture cards
- All day written cards
- All day written list



Be consistent!!!!

Object





Picture



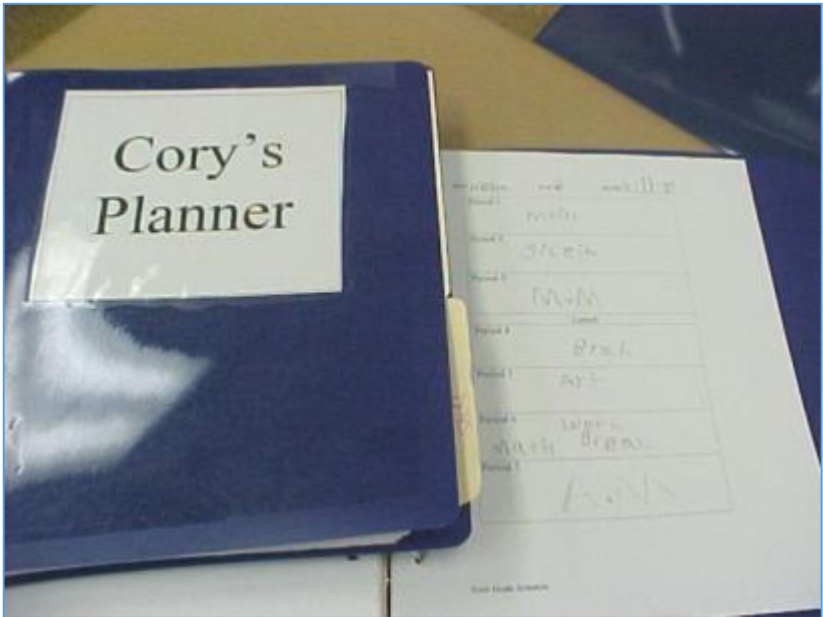
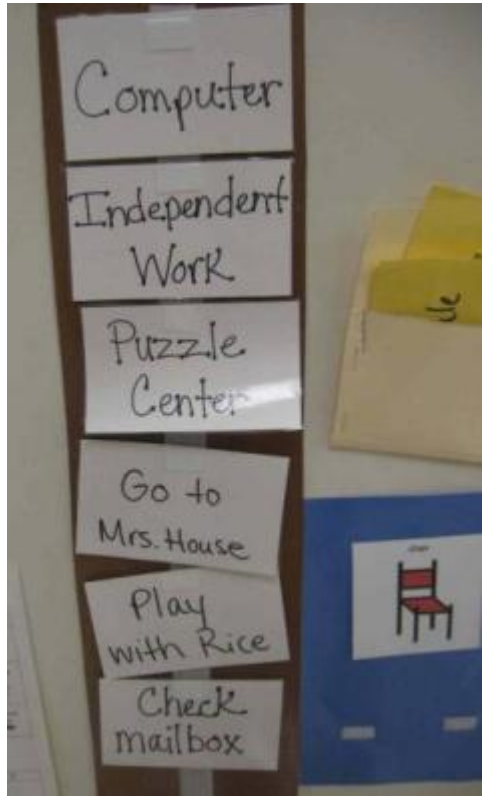
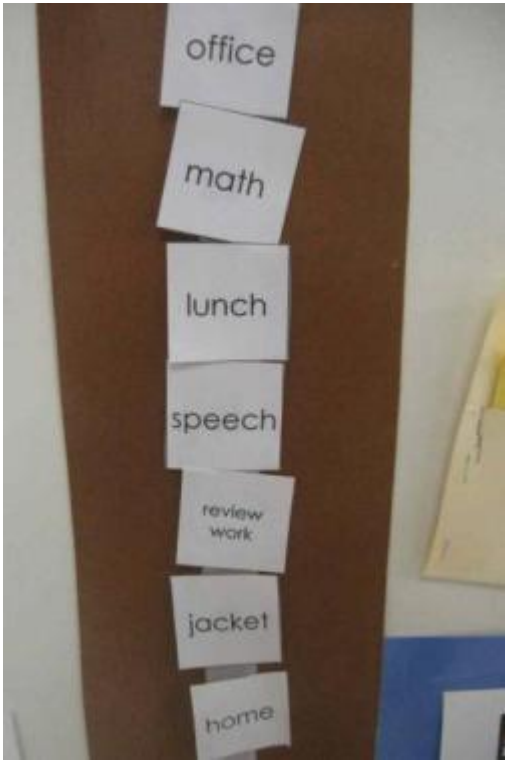
- Presented vertically or horizontally.
- Present whole day or part day.
- Pull off picture and match it to the designated area in the room or school.

Picture Word combo...

As you fade pictures and move to a word schedule, the schedules may look like this....



Written Cards





Written List

All day written list

*** check off at the start of
the activity

I put this kind of
schedule in a binder or
on the student's desk

Monday Schedule

Morning

Free choice	
Get backpack and go to locker	
Spelling with Mrs. Rosalie	
Independent work	
Drawing center	
Get mail bag and go to office	
Writing with Mrs. Rosalie	
School work center	
Computer center	
Puzzle Center	
Reading with Mrs. Messer	
Break center	
Math with Mrs. Messer	
Break center	
Lunch (10:45 – 11:00)	

Afternoon

Bathroom and brush teeth	
Play center	
Go to Mrs. Allard for recess	
Speech (11:40 – 12:00)	
Review work with Ms. Monica	
Reading center	
Listen to a song	
P.E. / Related Arts	
Independent work	
Break center	
Review work with Mrs. Beeman	
Drawing center	
Go to locker and get backpack	
Pick a book from the closet	
Put chairs up	
Computer center	
Play center	
Pack up backpack and go see mom	

- The blanks in the schedule are filled in by the teacher or assistant at the beginning of the lesson.
- The blanks also allow for change in the schedule.
- I also build in change by (ex.) scratching off math and write assembly.

MORNING

1	Unpack	<input type="checkbox"/>
2	Put snack away	<input type="checkbox"/>
3	Morning work (Mrs. House)	
	Folder Work	<input type="checkbox"/>
	Read AR book	<input type="checkbox"/>
*	Reward (computer)	<input type="checkbox"/>
*	Sensory break # 3	<input type="checkbox"/>
4	Math (8:30)	
	_____	<input type="checkbox"/>
	_____	<input type="checkbox"/>
	_____	<input type="checkbox"/>
	<i>Thurs. - OT 8:30-9:15</i>	<input type="checkbox"/>
*	Sensory break # 4	<input type="checkbox"/>
5	Language Arts (9:20)	
	go to MAC room	<input type="checkbox"/>
	_____	<input type="checkbox"/>
	_____	<input type="checkbox"/>

Visual Cue



Make them accessible!

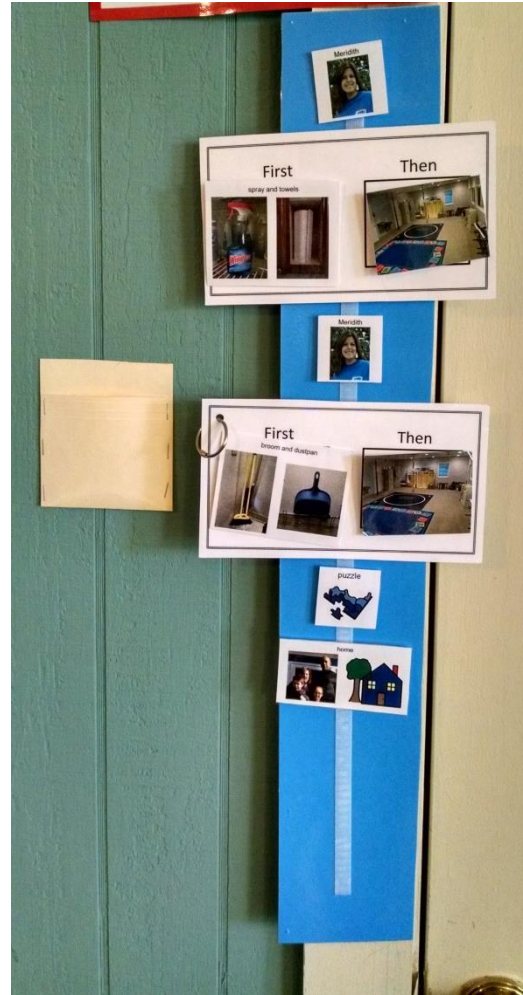




Notice....no verbalizations from the ref....

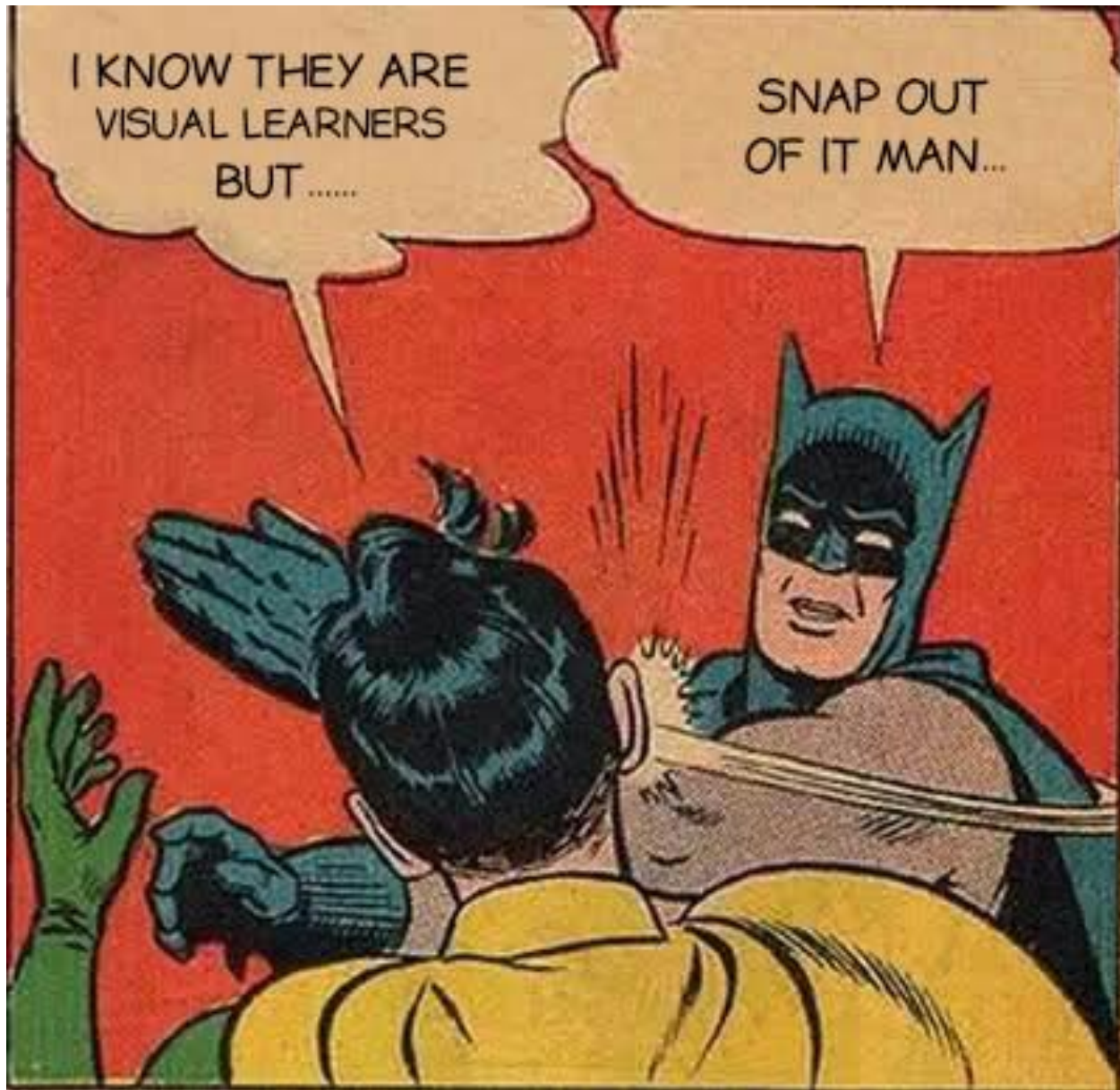


Present no preferred activities on a first then board ON the picture schedule.



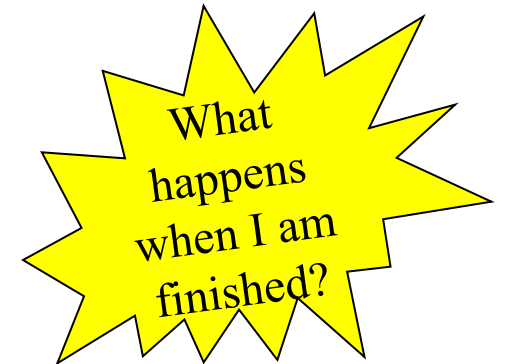
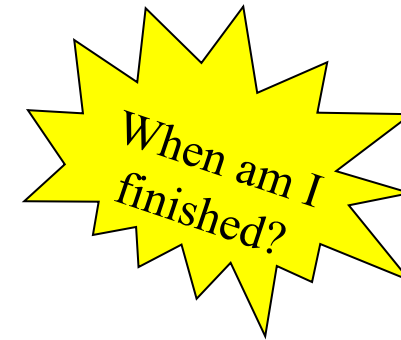
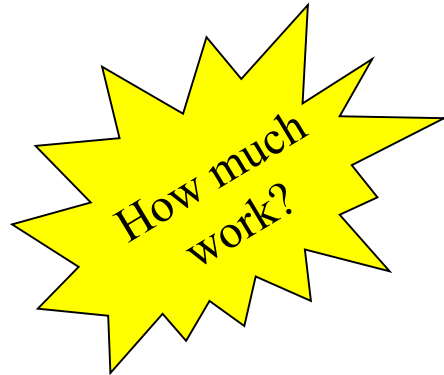
I KNOW THEY ARE
VISUAL LEARNERS
BUT

SNAP OUT
OF IT MAN...



MINI SCHEDULES

- Provide structure for task time
- Answers 4 questions



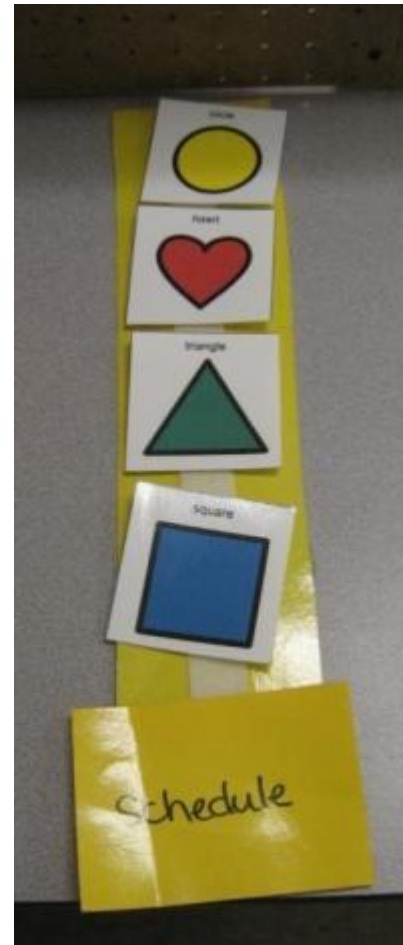
Mini- Schedule

*** pull off picture and match it to the bin or shelf.

Typical mini-schedule



Bigger pictures for manipulation



Object for better manipulation



Mini-schedule with CANDY reinforcer



Mini-schedule at teacher time

- Not needed for all kids
- For the kids that want to get up and run away, who ask for “all done”, get upset as work period goes on
- They need the structure
 1. How much work do I have?
 2. How do I know when I am finished?
 3. What do I do when I am finished?



use a paint stir with Velcro down
the center as the mini schedule

It's portable!

Use student interest to motivate



- Drive work bins to Home Depot
- Drive bin to finish



- Reward at the end of mini-schedule to motivate student
- Fade out prompt eventually

EXPECTATIONS AND RULES

- whole class
- student-specific
- situation-specific





Social Stories

- Describe what behavior should look like
- Use first person
- Should practice or read often
- Format
 - Storybook
 - One page

Social Stories---For Adults!

- Have you ever need a social story?
- Spouses do!
- Friends do!
- I have!



Upgrading to Window's 2007

I needed
one 😊

I like my computer. I work on my computer a lot.



Sometimes computer software has updates.

Updates can be good.

I should be happy.



At first the updates will look weird and the tool bar will look very different!



I like my old tool bar.



It's ok to be mad or frustrated.



But I should not yell or scream at the computer guy. He is just doing his job.

I need to be calm.



It might take me some time to get used to the new tool bar. I should take a deep breath and just try.



If I can't find a certain command that I used in the previous version of word, I shouldn't **panic**.

I can learn from an online tutorial like this one http://www.baycongroup.com/word2007/01_word2007.html

Maybe, just maybe I will like this new version.....eventually

Staff
need
them 😊

To Staple or Not to Staple.....

When I prepare documents I should not use staples.



When I prepare documents I should not use whiteout.



If I do use staples I will have to buy the school a scanner,



buy the school a photocopier,



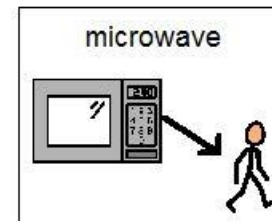
or pay for Meridith's manicure



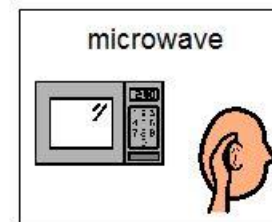
Popping Popcorn

Staff
need
them 😊

Sometimes when I pop popcorn
I walk away from the microwave.



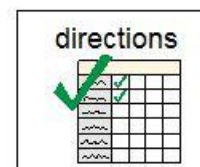
I need to stand by the microwave and listen.



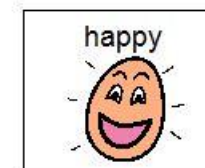
The directions say to wait and listen.



I need to follow the directions.



Popcorn that is not burnt makes the kitchen staff very happy.



Losing the Superbowl



Sometimes my team wins and sometimes they lose the Superbowl.

This is ok.

I should not stomp and cry.



I can be sad but I should not freak out.

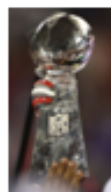


The Colts  won a lot of games this year, but not this one.

Even though this was a really important game,
there is always next year.



I really wanted to win the Lombardi Trophy.



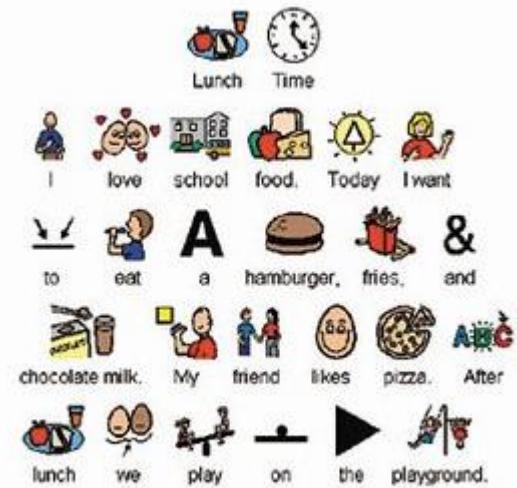
But this year the Saints won it.



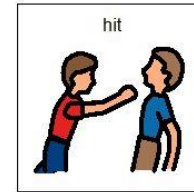
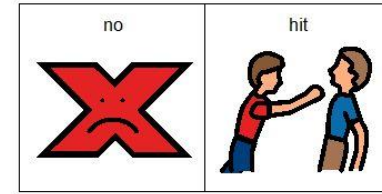
This was not my year....but then again either was last year.... well
maybe there's hope for next year....or maybe the next.....

Format

- One sheet
- Several lines
- Storybook
 - Read at circle time
 - Read at bedtime







I like to print.
I like to print cool stuff.
Printing is a REWARD for
following directions.
If I hit, Then no printing.



=



ice cream cone	ice cream cone	ice cream sandwich	ice cream bar
			

I love ice cream! When I go to lunch I like to eat ice cream everyday. Yum!
Ice cream is good for me sometimes because it has milk in it. I am going to
have an ice cream schedule to follow. I can eat ice cream on Monday,
Wednesday, and Friday. I like ice cream but I can't eat it everyday. That is ok.
I will just be excited to eat ice cream on Monday, Wednesday, and Friday.

MONDAY
WEDNESDAY
FRIDAY

Check Schedule

When it's time to check my schedule,
my teacher will give me a yellow card.



I will WALK to my schedule and put the card in the pocket.



I will pull off the FIRST picture on my schedule.

I will HOLD the picture in my hand.



I will WALK and match the picture to the next area.



I will be a good boy.

Taking a Good Nap

Every day I need to take a nap.



I sleep at home.



I sleep at school.

When it is nap time at school,
I need to be quiet and lay down.



It's ok not to sleep
but it is not ok to be loud and wake my friends up.

When nap is over my teacher
will give me a sticker if I was good.



If I did not take a good nap,
my teacher will not give me a sticker.



If I get a sticker I can do fun things at home.



If I do not get a sticker, I cannot do fun things.

No run, No TV

I need to take a good nap so
mommy and daddy will be happy.



I like when mommy and daddy are happy.



Wal-Mart Trip



This week is a fun week!
I get to go to Wal-Mart on Wednesday.

On Monday I will stay at school.
On Tuesday I will stay at school.

On Wednesday I will go to Wal-Mart!!!
On Thursday I will stay at school.
On Friday I will stay at school.



I will be good!
I am happy to go to Wal-Mart on Wednesday.

Work Like the Steelers!

Going to school is like being one of the Steelers. You go to school each day and they go to Heinz Field.



When you get to school you have to **follow your schedule**. Your teacher has different things she needs to teach you. When the Steelers get to the field they need to follow a schedule too and listen to what Coach Tomlin has to teach them.



At school and at practice it is important to do your best.

Go Steelers!

All you students-
Work Hard.
Do your Best.
Be a Winner!



FIRST / THEN BOARDS

- Should be motivating, not necessarily what is next on their schedule.
- First work, then outside
- First worksheet, then snack
- First work, reward ticket (in pocket)



Need to relate it???

I'm motivated to exercise for obvious reasons, but is still hard for me to get up off the couch and run. So I provide my self with a little reinforcement and structure and.....
I'm running 2 miles before you know it!

First



Then



More...



Cartoon Network



